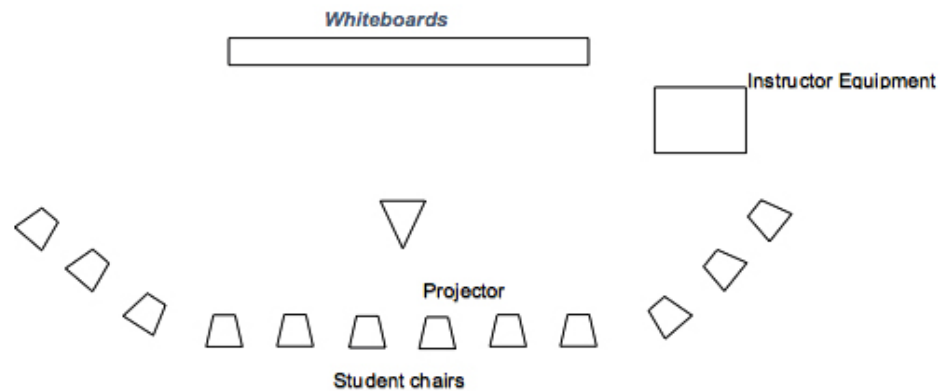


5 Day Pistol Course

Suggested Classroom Layout

Weapons Training Classroom Layout



Program of Instruction (POI)

Day 1

Course Overview

- Welcome
- Introductions
- Course objective
- Classroom set up and etiquette
- Safety & Range rules

Equipment Check

- Instructor led check of student equipment to ensure safe and serviceable
 - Pistols
 - Holsters
 - Magazines
 - Magazine carriers
 - Ammunition
 - Eye & hearing protection

Lesson 1

- Nomenclature
- Characteristics and accessories
- Cycle of Operation
- Magazines

Lesson 2

- Safety
- Disassembly
- Cleaning
- Maintenance
- Reassembly
- Function Check

Lesson 3

- Equipment placement
- Fundamentals of Shooting

Lesson 4

- Loading/Unloading
- Sight in drills
- High/low ready

Lesson 5

- Reload drills
- Malfunctions

Lesson 6

- Reaction times
- Recoil management
- Multiple targets
- Man v man
- Fundamentals evaluation
- Drawing the pistol

Day 2

Lesson 7

- Double taps vs controlled pairs
- Facing movements

Lesson 8

- Adverse angles
- Shooting positions
- Use of cover

Day 3

Lesson 9

- Shooting on the move
- Moving targets
- Shooting moving targets on the move

Day 4

Lesson 10

- Strong hand only
- Strong hand only moving targets
- Weak hand only
- Weak hand only moving targets
- Strong and weak hand malfunction drills
- Unconventional shooting positions

Day 5

Lesson 11

- Medium shoot
- Conditions of Readiness

Review & Graduation

- Instructor & student review of week
- Clarifications
- Recommendations
- Student course critique forms
- Issue certificates of completion

Administrative Instructions

Assumptions

The following assumptions are made in conducting this firearms training course.

- All students are novices to firearms and the pistol in particular.
- The course will not teach advanced techniques but concentrate on the basic entry level standards.
- Instructors are fully qualified and experienced to conduct this training and teach the subject matter.
- Students will provide their own pistols, ammunition and required ancillary equipment which will be checked by the instructors.
- A list of minimum required equipment will be provided to all students prior to the course.

- A furnished classroom will be available for indoor portions of instruction.
- A 25M range will be available for all practical applications.
- Range supplies and targets will be provided at the range.
- A list of range supplies and stores will be provided prior to the course.
- Security of weapons, ammunition and equipment is the responsibility of the student.

Student Equipment

At a minimum, students must be equipped with the following for the course and it should be available to them each day.

- Pistol in your chosen caliber. If red dot type sights are fitted, student should bring the operators manual with zeroing data.
- A robust belt suitable for mounting a holster and magazine pouches.
- A serviceable holster specific to the chosen pistol.
- At least three (3) magazines.
- One (1) magazine carrier suitable for holding at least two (2) magazines.
- 1000 rounds of ammunition.
- Eye and hearing protection specifically designed for firearms training.
- Water bottle or hydration system.
- Headwear.
- Environmental protections such as sunscreen.
- Inclement weather clothing.
- Range suitable clothing or work clothing.